



WOMAN OF EXCELLENCE

Proverbs 31:10-31

*What makes a
“virtuous” woman?*

BIBLICAL MOM'S HALL OF FAME

- **Mary, mother of Jesus**
- **Eve, mother of all living**
- **Sarah, mother of Isaac**
- **Jochebed, mother of Moses**
- **Hannah, mother of Samuel**
- **Bathsheba, mother of Solomon**
- **Lois & Eunice, grandmother & mother of Timothy**



EXCELLENT AS A HELP-MATE

- **Trustworthy v.11-12**
- **Satisfying v.11b,12**
- **Cheerleader v.23**

“An excellent wife is the crown of her husband.” Proverbs 12:4

“A beautiful bride and a handsome groom make for a beautiful wedding, but a virtuous wife and a righteous husband makes for a beautiful marriage.”



EXCELLENT AS A MANAGER

- **Good shopper v.13**
- **Industrious v.14**
- **Early riser v.15**
- **Prudent/Discerning v.16**
- **Entrepreneur v.24**



EXCELLENT AS A MOTHER

- **Physically strong v.17**
- **Quality control officer v.18**
- **Consistent in domestic skills v.19**
- **Beautifully & wisely prepared v.21-22**
- **Wise teacher v.26**
- **Aware v.27a**



EXCELLENT IN HER MINISTRY

- **Compassionate Giver v.20**
- **Commendable Character v.25**
- **Actively engaged v.27b**
- **Receiver of Praise v.28-31**



Being a virtuous woman is not about perfection, it is about fulfilling God's role for your life. It's about living your life according to God's purpose.



APPLICATIONS

- **Dad & children, take each verse and write down what mom does that relates to these virtues.**
- **Men, praise your wives. Children, praise your mothers.**
- **Ladies, constantly strive to be the woman that God has called you to be (Proverbs 31). Identify strengths/struggles; praise and petition God in both areas.**

